



# St. Alphonsus Liguori Catholic Church

The Most Holy Trinity- May 27, 2018 - Volume 10, Issue 21

*Go... and make disciples of all nations, baptizing them in the name of the Father,  
and of the Son, and of the Holy Spirit. — Matthew 28:19*

## DO YOU HAVE **CONCERNS** about falling?



MANAGING CONCERNS ABOUT FALLS

## A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

Many older adults experience concerns about falling and restrict their activities. **A Matter of Balance** is an award-winning program to manage falls and increase activity levels.

### You Will Learn to:

- View falls as controllable
- Set goals for increasing activity
- Make changes to reduce fall risks at home
- Exercise to increase strength and balance

### Who Should Attend?

- Anyone 60 or older
- Anyone concerned about falls
- Anyone interested in improving balance, flexibility and strength
- Anyone who has fallen in the past
- Anyone who has restricted activities because of falling concerns

### St. Alphonsus Catholic Church

Thursdays 9:00-10:30 AM

St. Francis Room

**This is an eight-week  
course that will run  
May 31st through  
July 26th.**

Register at 261-4650 or  
Stephanie@alphonsus.org  
Class size limited.

## STAFF DIRECTORY

<b>Pastor</b>	Rev. Michael J. Moroney fmmoroney@alphonsus.org
<b>Executive Director</b>	JoAnn Stein joann@alphonsus.org
<b>School Principal</b>	Dr. Cynthia Ryals cryals@stalphonsusbr.org
<b>Permanent Deacon</b>	Robert Kusch rkusch@diobr.org
<b>Permanent Deacon</b>	Ronnie Hebert rjhebert@diobr.org
<b>Permanent Deacon</b>	George Hooper ghooper@alphonsus.org
<b>Director of Formation</b>	Olga Johnson dre@alphonsus.org
<b>Youth Minister</b>	Lynette Shaffett youth@alphonsus.org
<b>Finance Manager</b>	Melissa LeSage melissa@alphonsus.org
<b>Parish Nurse</b>	Stephanie Gaudin stephanie@alphonsus.org
<b>Parish Secretary</b>	Missy Savoy msavoy@alphonsus.org
<b>Communication Specialist</b>	Sara Patrick sara@alphonsus.org
<b>Formation Secretary</b>	Cindi Schlatre cindi@alphonsus.org
<b>DRE Assistant</b>	Kaitlyn Johnson kaitlyn@alphonsus.org
<b>Receptionist</b>	Robin Debetaz rdebetaz@alphonsus.org
<b>Maintenance</b>	Ronnie Deaton Mark Mitchell maintenance@alphonsus.org
<b>Custodian</b>	Michelle Morgan

## ST. ALPHONSUS CHURCH OFFICE

14040 Greenwell Springs Road  
Greenwell Springs, LA 70739-3302  
Office Phone- 225-261-4650

Fax— 225-261-5650

Office Hours: Monday-Friday 8:30 am- 4:30 pm

Formation Office— 225-261-4644

Formation Office Hours: Tuesday- Friday 8:30 am- 4:30 pm

Church Website: [www.alphonsus.org](http://www.alphonsus.org)

Church Facebook: St. Alphonsus Catholic Church

## ST. ALPHONSUS SCHOOL

School Office— 225-261-5299

School Cafeteria— 225-261-4157

School Website: [www.stalphonsusbr.org](http://www.stalphonsusbr.org)

School Facebook: St. Alphonsus Catholic School

## PARISH CALENDAR OF EVENTS

May 28-31, 2018

<b>Monday</b>	8:30 AM 6:30 PM	Mass Boy Scouts- S.J.
<b>Tuesday</b>	8:30 AM 9:00 AM 6:00 PM 6:30 PM 6:30 PM 6:30 PM 7:00 PM	Mass Blood Pressure Checks-S.C. Finance Council- Conf. Rm. Grief Support Group- S.C. Men's Bible Study II- C.R. School Board- S.G. High School Youth- Lighthouse
<b>Wednesday</b>	8:30 AM 5:45 PM 6:00 PM 7:00 PM 7:00 PM	Communion Service Bell Choir- C.R. Balanced Women- S.J./Nursery Adult Choir- C.R. Youth Board-Blessed Seelos
<b>Thursday</b>	8:30 AM 7:00 PM	Mass Men's Club- S.F. (C)

S.C.- St. Clare C.R.- Choir Room S.J.- St. Joseph S.F.- St. Francis

## OUTREACH

### Pray for the Sick

**Please note:** Names are removed after eight weeks. Call the office to put name back on the list.

Mary Beth Browning, Fisk Morris, Jean Firmin, Lisa Graffeo, Mollea Hood, Ashlea Hood, Michael Morales, Ray Amond, Shawn Kean, Dana Rogers, Gloria "Jinkie" Phillips, Theresa Ognibene, Adrian Kaiser, John Larkin, Savannah McNair, Briggs Elliser, Anita Bueche, Anna Kirby, Jamie Samson, Debbie Circello, Myrtle Circello, Louis Lamar Bordelon, Babette Vlahos, Ashley Usie, John Roberts, Nicholas LaCroix, Kenny Achord, John Niscosia, Arleen Picard, Monica Hudson, Hope Broadus, Becky Credeur, Charlie Crawford, Mildred Faul, Charlie Firmin, Kathy Madere, Paden Mouton, Krystal Feltman, Melanie Way, Sandy Dares, Ashlynn Ferguson, Barbara Simoneaux, Millie Strickland, P.H. Zito, Holly Hart, Anthony Collette, Jeff Ferguson, Anthony Rodriguez, Liam Thistlewaite, Al Felps, John Daigle, Ben Crifasi, Jr., Wendy Jones, James Vernon, Naomi Messina, Billy Stears, Luke Allen, GiGi Chenevert, Dr. Stephen Speeg, Betty Castor, Blanche Hoover, Pat Matthews, J.K. Malone, Joy Lonibos, Phyllis Lasserre, Sharon Loeb, Margaret Smith, Laurence LeSage, Jaycee Richard, Gary Saucier, Darrell Firmin, Alexander Landry, Sally Stears, Allan Eddy, E.J. Graffeo, Thomas Stewart, Patsy Spiller, Karen Rabalais, Ashley Usie, John Roberts, Cassie Sheehan, Mary Rivers, Lindsey Perniciaro, Sharon Spiller, Allen and Carol Bordelon, Jason and Elsie Saucier, Gail Starks, Jared Starks, Earline Brown, Ronnie Collette, Jane Mizell, Marlene LeBlanc, Catherine Willis, Edna Ellis, Lynette Shaffett, Tiffany Penton, Barbara Dearie, Larry Bueche, Ashley Smith, Bruce Rabalais, Chris Dickerson, Tommy W. Rabalais, Vergie Gray, Cheryl Watson, Jay Watson, McKenzie Marciante, Lisa Andre, Patsy Sagona

## Rest in Peace

Felton "Sonny" Dickinson, Jr.- *Brother of Diane Leader.*

Cecile Guidry- *Mother of Kenneth Guidry.*

Dylan Brett Kabel- *Son of Brett and Jessica Kabel.*

## Serving Our Country

If you have a family member serving in the military overseas please call the parish office, 261-4650, and let us know the name, rank and branch of military.

**ARMY:** Captain Chad A. Alford, Warrant Officer Jody K. Hunt, Captain Brian C. Greco, Specialist Sam Lockwood, Specialist E-4 Charles N. Garner, Specialist Ryan Smith

**LA NATIONAL GUARD:** Spec4 Terrell Vidrine, Scott Armand

**AIR FORCE:** Airman First Class James Barbier, Sr.

**NAVY:** Lt. Col. Glenn P. Lumpkin, Jr., Chad Domm, AD3 Tyler Comeaux, S.N. Tyler Fontenot

**U.S. MARINE CORPS:** Captain Blaine Ballard

## WORSHIP

### Readings for the Week

**Monday:** 1 Pt 1:3-9; Ps 111:1-2, 5-6, 9-10c; Mk 10:17-27  
**Tuesday:** 1 Pt 1:10-16; Ps 98:1-4; Mk 10:28-31  
**Wednesday:** 1 Pt 1:18-25; Ps 147:12-15, 19-20; Mk 10:32-45  
**Thursday:** Zep 3:14-18a or Rom 12:9-16; Is 12:2-3, 4bcd-6; Lk 1:39-56  
**Friday:** 1 Pt 4:7-13; Ps 96:10-13; Mk 11:11-26  
**Saturday:** Jude 17, 20b-25; Ps 63:2-6; Mk 11:27-33  
**Sunday:** Ex 24:3-8; Ps 116:12-13, 15-18; Heb 9:11-15; Mk 14:12-16, 22-26

### Can You Spend 1 Hour With Me?

Next weekend we celebrate the Feast of Corpus Christi, otherwise known as the Most Holy Body and Blood of Christ. After Masses on June 2-3, there will be a table set up in the Gather Space for Adoration Chapel sign-up. Please consider stopping by to sign up to spend an hour in the Adoration Chapel each week. If you have an hour of time to spare, think about using that time to honor the Blessed Sacrament.

### Baptized on May 19-20, 2018

The following children were baptized after Masses on the weekend of May 19-20, 2018:

Jude Lee Antoon, Luke Benedict Basso, Tucker Jude Denison, Krew Axel Fontenot, Kennedy Monroe Harris, Korbin Manning Harris, Landry Elise Johnson, Hudson Oakli LeBeau, Emmitt Michael McCants and Allie Claire Myers.

## MISSION STATEMENT

*We are a faith-filled community who,  
 through prayerful discernment,  
 call forth the gifts of the Spirit given to each individual,  
 that Christ may be known in our community and in our world.*

## MASS SCHEDULE

### Weekend Masses

Saturday Vigil 4:00 pm

Sunday 8:00 am, 10:00 am & 12:00 pm

### Daily Masses

Monday, Tuesday, Thursday & Friday 8:30 am

Novena on Tuesday 8:30 am

### Communion Services

Wednesday 8:30 am

### Holy Day Masses

As Announced

### J.A.M. (Jesus and Me)

During the school year for preschool ages 3-5 at 10:00 am Mass.

### Children's Liturgy of the Word

During the school year at the 10:00 am Mass.

For children kindergarten through 2nd grade.

## SACRAMENTS & RESOURCES

### Baptism

Contact Robin Debetaz at the Parish Office in the early months of pregnancy for dates and preparation requirements.

### Reconciliation

Saturday 3:00 pm and by appointment

### Christian Initiation of Adults

If interested in becoming Catholic and want more information on the process, call the Formation Office at 225-261-4644.

### Marriage

Contact Sara Patrick at the Parish Office six months to one year prior to projected wedding date for information concerning preparation programs.

### Anointing of the Sick

You can receive this sacrament during a serious illness, before a major surgery, or for spiritual and mental healing. Contact the Parish Office for more information.

### Funerals

Contact Robin Debetaz at the Parish Office for arrangement information.

### Formed

Go to [formed.org](http://formed.org) and enjoy access to this free online Catholic gateway with our parish access code- 9R9K3M.

### Prayer Lines

Mary Frederick 225-261-5145

Adam Landry 225-261-8854

# June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					8-10 am-Used Uniform Drop-off- S.F. 8:30 am-Mass	8-10 am- Used Uniform Sale- S.F. 4:00 pm-Mass
3	4	5	6	7	8	9
<b>The Most Holy Body and Blood of Christ (Corpus Christi)</b> 8:00 am- Mass 10:00 am- Mass 12:00 pm- Mass	8:30 am-C.S. 6:30 pm- Boy Scouts- S.J.  <i>Altar Server Trip</i>	8:30 am-Mass 9:00 am- Blood Pressure Checks- S.C. 6:30 pm- Grief Support- S.C. 6:30 pm- Men's Bible Study II- C.R.	8:30 am-C.S. 4:00 pm- Prime Timers Core-S.C. 5:00 pm- Hospitality- S.C. 6:00 pm- Divine Mercy- Church 7:00 pm- Baptism Seminar-S.F. (C)	8:30 am-Mass 9:00 am- Matter of Balance- S.F. (C)	8:30 am-Mass	4:00 pm-Mass
10	11	12	13	14	15	16
<b>10th Sunday in Ordinary Time</b> 8:00 am- Mass 10:00 am- Mass 11:00 am- <i>Coffee &amp; Donuts</i> - S.F. 12:00 pm- Mass	8:30 am-Mass 9:00 am-Vacation Bible School-F.C.  6:30 pm- Boy Scouts- S.F. (C)	8:30 am-Mass 9:00 am-Vacation Bible School-F.C. 9:00 am- B.P. Checks- S.C. 10:30 am- SAS Finance Committee- Conf. 6:30 pm- Grief Support- S.C. 6:30 pm- Men's Bible Study II- C.R.	8:30 am-C.S. 9:00 am-Vacation Bible School-F.C. 6:00 pm- Balanced Women- S.F.	8:30 am-Mass 9:00 am-Vacation Bible School-F.C. 9:00 am- Matter of Balance- S.F. (C)	8:30 am-Mass 9:00 am-Vacation Bible School-F.C.	<b>BAPTISMS</b> 4:00 pm-Mass 7:00 pm- Prime Timers Dance-Kristenwood Reception Hall
					C.S. .. Communion Service Conf .. Conference Room S.F. .. St. Francis Room F.C. .. Family Center S.J. .. St. Joseph Room S.C. .. St. Clare Room S.G. .. St. Gerard Room	SAS .. St. Alphonsus School Classroom C.R. .. Choir Room KIM .. Kids In Ministry Confirm .. Confirmation TMIY .. That Man Is You H.S. .. High School P.T. .. Prime Timers
17	18	19	20	21	22	23
<b>11th Sunday in Ordinary Time FATHER'S DAY BAPTISMS</b> 8:00 am- Mass 10:00 am- Mass 12:00 pm- Mass	8:30 am-Mass 6:30 pm- Boy Scouts- S.F. (C)	8:30 am-Mass 6:30 pm- Grief Support- S.C. 6:30 pm- Men's Bible Study II- C.R.	8:30 am-C.S. 6:00 pm- Balanced Women- S.F.	8:30 am-Mass 9:00 am- Matter of Balance- S.F. (C) 7:00 pm- Corpus Christi Prayer Group- S.J.	8:30 am-Mass	4:00 pm-Mass  <i>Mission Appeal</i>
24	25	26	27	28	29	30
<b>The Nativity of St. John the Baptist</b> 8:00 am- Mass 10:00 am- Mass 11:00 am- <i>Coffee &amp; Donuts</i> - S.F. 12:00 pm- Mass	8:30 am-Mass 6:30 pm- Boy Scouts- S.F. (C)	8:30 am-Mass 10:30 am- Organ Tuning- Church/ C.R. 6:30 pm- Grief Support- S.C. 6:30 pm- Men's Bible Study II-C.R.	8:30 am-C.S. 6:00 pm- Balanced Women- S.F.	8:30 am-Mass 9:00 am- Matter of Balance- S.F. (C) 6:00 pm-Men's Club- S.F. (C)	8:30 am-Mass	4:00 pm-Mass

## Mass Intentions June 2018

<b>June 1</b>	8:30 AM	Stacey Silvio	<b>June 16</b>	4:00 PM	Parishioners of St. Alphonsus, living & deceased
<b>June 2</b>	4:00 PM	Dean Lorio	<b>June 17</b>	8:00 AM	Jimmy Pourciau
<b>June 3</b>	8:00 AM	Dot Bourgeois, Gary LeBlanc, Marlene Buhler, Frances and Marlin Thompson, Heather Holloway, James Ferriell, Don Lee, Ramsey Landry, O.L. and Rita Couvillion, Paul and Rosa Burns		10:00 AM	Corey Buhler
	10:00 AM	Parishioners of St. Alphonsus, living & deceased		12:00 PM	Rosemary Guidry, Jody Acosta, Fred Acosta, Louis Calamia, Delmar Buhler, Buster Giambrone, Mary Garcia, Matt Bossier, Don Lee, Stanley and Ouida Davis
	12:00 PM	Scott Simoneaux	<b>June 18</b>	8:30 AM	Claude Derbes
<b>June 4</b>	8:30 AM	Communion Service	<b>June 19</b>	8:30 AM	Billie Leteff, Glenn Pizzalato, Anna Landry, Dot Bourgeois, Gary LeBlanc, Lee Madere, Inez Helmke, Jim Ferriell, Irma Guidry, Jimmy Pourciau
<b>June 5</b>	8:30 AM	Violet Ramirez, Billie Leteff, Roderick and Mary LaFleur, Bernadette Foulks, Matt Bossier, Don Lee, Lee Madere, Bill Poche, Van Guarino	<b>June 20</b>	8:30 AM	Communion Service
<b>June 6</b>	8:30 AM	Communion Service	<b>June 21</b>	8:30 AM	Open
<b>June 7</b>	8:30 AM	Scott and Mona Simoneaux	<b>June 22</b>	8:30 AM	Open
<b>June 8</b>	8:30 AM	Shirley Lawless	<b>June 23</b>	4:00 PM	Alvin Shaffer, Deacon Phil BeJeaux, Margie Digerolamo, Bill Sevario, Richard Ryder, Sr., Elmer Laird, Stacey Silvio, Frank Calvaruso, Mae and Alex Lemoine, Jack and Lena Scardina
<b>June 9</b>	4:00 PM	Don LeSage, Sr.	<b>June 24</b>	8:00 AM	Parishioners of St. Alphonsus, living & deceased
<b>June 10</b>	8:00 AM	Heather Holloway		10:00 AM	Harold and Gwen Porche
	10:00 AM	Christopher M. Broussard, Kenlie Jackson, Billy Bezdek, Delmar Buhler, Bill Simon, Jr., Diane Hamilton, Dot and Lee Bourgeois, Hattie and Henry Ognibene, Arnaud and Grace Aymond, Lynn and Mary Ross		12:00 PM	Josephine Arnone
	12:00 PM	Parishioners of St. Alphonsus, living & deceased	<b>June 25</b>	8:30 AM	Stroderd and Hebert Families
<b>June 11</b>	8:30 AM	Linda Jarreau	<b>June 26</b>	8:30 AM	Mary Grace Jones, Bill Poche, Lucille Andre, Josephine Arnone, Warren Guedry, Jimmy and Shelia Saucier, Van Guarino
<b>June 12</b>	8:30 AM	Kenneth Bourgeois, Doris and Rudolph Boullion, Jimmie Saucier, Louise Serio, Cecil Pennington, Phyllis Lassare, Lucille Andre, Gayle Sanches, Alvin Shaffer	<b>June 27</b>	8:30 AM	Communion Service
<b>June 13</b>	8:30 AM	Communion Service	<b>June 28</b>	8:30 AM	Debbie Bridges
<b>June 14</b>	8:30 AM	Todd Daigle	<b>June 29</b>	8:30 AM	Jim Sartwell
<b>June 15</b>	8:30 AM	Bill Poche	<b>June 30</b>	4:00 PM	Joseph Greco

## ADMINISTRATION

### Gifts of Stewardship

Today's second reading reminds us all that we are the adopted sons and daughters-the heirs- of God. We are good stewards of our inheritance when we share our faith and fulfill Our Lord's command to "go... and make disciples of all the nations." See Matthew 28:19

For **May 12-13, 2018**  
your *Stewardship* resulted in:

#### Weekly Collection

Envelopes	\$	21,246.04
Unidentified	\$	1,405.00
WeShare	\$	4,251.50

#### Building/Maintenance Fund

Envelopes	\$	2,503.00
WeShare	\$	685.00

Children's Collection	\$	17.00
Catholic Commentator	\$	1,541.00
Priest's Retirement	\$	25.00

<u>Total Received</u>	\$	31,673.54
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### *Magnets for Parishioners*

St. Alphonsus has a limited quantity of refrigerator magnets featuring the weekend Mass schedule and the church's mission statement. We ask that each family take 1 magnet. Magnets are available in the Church Office and will be in a basket in the back of the church today.

### *Summer Office Hours*

The Church Office will close at 1 PM every Friday in June and July.

## COMMUNITY LIFE

### *2018 Graduating Seniors*

If someone you know is graduating from high school or college and you would like their name to run in the bulletin, please call the Church Office and let us know the graduate's name, school and degree by May 30th at the latest. Names will appear in the June 10th bulletin.

### *Used Uniform Sale*

If you would like to donate old uniforms from St. Alphonsus, St. Joseph, Catholic High, St. Michael, Boy Scouts or Girl Scouts, please drop off these items in the St. Francis Room on Thursday, May 31 between 5-7 PM or Friday, June 1 between 8-10 AM.

Uniforms can be purchased Saturday, June 2 from 8-10 AM in the St. Francis Room. Exact cash only. No checks will be accepted. Any questions, please call Brooke Brister at 225-241-9967.

## Photos from the 2018 Ministry Appreciation Crawfish Boil



*On Friday, May 4th, the St. Alphonsus Church Staff served dinner for parishioners who are active in various ministries as a thank you. Everyone enjoyed a meal of crawfish or fried chicken, as well as cake. Photos by Sara Patrick.*



## May is Mental Health Month

Did you know that one in five American adults experienced a mental health issue? Did you know that one in ten young people experienced a period of major depression? In any given year, an estimated 18.5% of adults and 13% of children (ages 8-15) in this country suffer from a mental illness.

May is Mental Health Month and a good time to be reminded that Mental Health is important at every stage of life, from childhood and adolescence through adulthood. Mental Health includes our emotional, psychological and social well-being. It affects the way that we think, feel, and act. It also helps determine how we handle stress, relate to others and make choices. (www.mentalhealth.gov)

Experiencing one or more of the following feeling or behaviors can be an early warning sign of mental illness:

- Eating or sleeping too much or too little
- Yelling or fighting with friends/family
- Pulling away from people and usual activities
- Experiencing severe mood swings that cause problems in relationships
- Having low or no energy
- Feeling numb or like nothing matters
- Having persistent thoughts and memories you

can't get out of your head

- Having unexplained aches and pains
- Feeling helpless or hopeless
- Hearing voices or believing things that are not true
- Smoking, drinking, or using drugs more than usual
- Thinking of harming yourself or others
- Feeling unusually confused, forgetful, on edge, angry, upset, worried or scared
- Inability to perform daily tasks like taking care of your kids or getting to work or school

The good thing is that there is help available. Many don't seek help because of the stigma surrounding mental illness. Actually it may surprise you how many people have reached out for help and we don't even know it. Praying is a good place to start but remember that God has sent professionals to help us with all our illnesses. Start by talking to your regular physician. He/she will help navigate what to do next. Here are some other ways to maintain positive mental health:

- Connect with others
- Stay positive
- Exercise & stay physically active
- Help others
- Get enough sleep
- Develop coping skills

*Search me, God, and know my heart; test me and know my anxious thoughts.* -Psalm 139:23

## Update Membership Information

Does our church database have your family membership record correct? Here is your chance to update your record for our annual Guide Book and Directory. Please let us know of any address and phone number changes.

Please call the Church Office at 225-261-4650 to update your listing or to ask to be placed on the Do Not Print list before the Guide Book goes to press July 1, 2018.

## Pray for our Expectant Families

Pray for expectant families who are members of the parish and have been entrusted with a new life to nurture and love:

Jeffrey and Melissa Harris, Chase and Brynn Martinez, Brice and Morgan Neames, and Ben and Kristen Richard.



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